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Prescribing Policy

All patients who have registered with McKenzie Group Practice must read the information below and be aware this will be discussed with them when requesting medication on a repeat basis.

McKenzie Group Practice has very strict guidance for its prescribers on the supply of medicines of which may be misused. All our Doctors, Nurses and Pharmacists work according to this guidance. This follows national and local advice around the safe prescribing of such medication.

This means ALL patients who are currently taking any of the following medicines after individual consideration of the reasons why they are prescribed may be asked upon joining the practice to start and complete a programme of reduction:

Alprazolam	Chlordiazepoxide	Clonazepam	Diazepam	Flurazepam	Loprazolam
Lorazepam	Lormetazepam	Nitrazepam	Oxazepam	Temazepam	Zolpidem
Zopiclone	Buprenorphine	Co-Codamol	Co-Dydramol	Codeine	Fentanyl
Morphine	Dihydrocodeine	Oxycodone	Meptazinol	Pethidine	Tapentadol
Tramadol	Hydromorphone	Gabapentin	Pregabalin		

This is because there are increasing safety concerns about these kinds of medicines when they are taken over long periods of time as they may cause a range of harmful side effects. They can also cause tolerance and can be addictive. For these reasons repeated use of them over a long time can no longer safely be recommended.

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